



November 2009

Southeast Texas Association of Paralegals

Lex Amicus

A bi-monthly publication of the Southeast Texas Association of Paralegals, Inc., (SETAP), an affiliate of the National Association of Legal Assistants, Inc. (NALA).

P.O. Box 813, Beaumont, TX, 77704

Web Address: www.setap.org

MISSION STATEMENT

The Southeast Texas Association of Paralegals, Inc., is a nonprofit organization of paralegals committed to establishing good fellowship among association members and members of the legal community, encouraging a high order of ethical and professional attainment, and furthering education among member of the profession.

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President's Message

Greetings SETAP Members,

Our Paralegal Day Luncheon was held on Thursday, October 22, 2009 at the Art Museum of Southeast Texas in Beaumont. It was a great success and I hope everyone who attended enjoyed it as much as I did. Judge Larry Gist of Drug Impact Court was our keynote speaker. He filled the room with laughter as he shared his personal experiences with us. He commented on the importance of the paralegal profession and commended us for the hard work that we do. He also reminded us that as paralegals we too have the power to make a real difference in our legal system. Many thanks to Judge Gist for such an inspirational presentation. It was truly an honor.

As always, our vendors showered us with a plethora of door prizes. There were so many that we had to put everyone's name back in the drawing box to give them all away, and some of you walked away with two door prizes! If you received a door prize (or two), I would like to ask that you please take time to send a thank you note and, in addition, show your appreciation by patronizing their businesses whenever possible.

I am pleased to announce that this year's Paralegal of the Year is Jane Barron. Congratulations to Jane for a well-deserved award!

Also, the Examiner Newspaper was present at the event so be sure to watch the paper for the article and pictures!



On October 14-16, 2009 the Paralegal Division held their annual Texas Advanced Paralegal Seminar (TAPS) at the South Shore Harbour Resort and Marina in League City, Tx. For those of you who have never attended this seminar, you are really missing out! This has to be the best seminar in Texas. Over 14 hours of CLE can be accumulated at this seminar. Hundreds of paralegals attend each year, not to mention the variety vendors at every turn with plenty of goodies for everyone.

Two social events were held. One was a pajama party, and although I was unable to attend the PJ party, I heard that it was great fun. The other social, however, I did attend. The Division chartered a huge yacht for the evening and we cruised the waters through the Kemah boardwalk as we enjoyed adult beverages and a delicious dinner with your choice of steak or salmon. Door

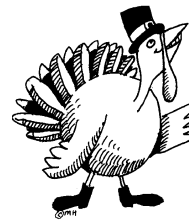
prizes were given away on the yacht and I was fortunate enough win pro football tickets and a parking pass to the Texans vs. Titans game in November! Needless to say, it was a fun-filled evening for everyone!

The last day of the seminar closes with a luncheon and a keynote speaker. This year, various paralegal associations sponsored the Friday luncheon. I am proud to say that SETAP was one of the sponsors. Each association sponsor was recognized at the luncheon and had a 1/4 page ad printed in the luncheon program. Goodie bags filled with items from each association sponsor were given to each attendee. SETAP placed flyers in each of the bags to announce our upcoming TAPA conference and things to see and do in Beaumont. While at the seminar, several people asked me about our conference and commented on how anxious they are to attend. They especially wanted to know about the social event we are having, but Sssshhhhhhh!!!!.....it's a secret!

Next year TAPS will be held in Austin on September 29 – October 1, 2010. Mark your calendars and try to attend if you can. You won't be disappointed!



In closing, I would like to wish each and every one of you a very happy and blessed Thanksgiving holiday!



Sincerely,

Angie Laird

Angie Laird
SETAP President 2009-2010

SETAP 2009-2010 VOTING BOARD

MEMBERS

Angie Laird	President
Jane Barron	President-Elect
Sheila Milbrandt	1 st Vice President
Misty Segrest	2 nd Vice President
Marissa Paltz	Secretary
Rene Crum	Treasurer
Cheryl Bryan	NALA Liaison
Cheryl Bryan	PD Liaison
Melissa LeJeune	Parliamentarian
Mary Beth Jones	Executive Advisor

SETAP 2009-2010 STANDING COMMITTEE CHAIR

PERSONS

Misty Segrest	Nominations & Elections
Sheila Milbrandt	Membership Development
Vacant	Public Relations (Special Projects)
Vacant	Audit
Misty Segrest	Programs/Speaker Meetings
Sheila Milbrandt	Job Bank
Caryl McBroom	Newsletter
Melissa LeJeune	Teen Court

INSUFFICIENT FUNDS POLICY

If collection efforts are unsuccessful for thirty (30) days, and the check is non-dues related, research whether the check may be turned over to the appropriate county district attorney and take steps to submit it.

If collection efforts are unsuccessful for thirty (30) days, and the check is dues related, draft a letter to the Membership Chair for the President's signature requesting member be removed from the membership roles and write member explaining that dues amount plus \$25.00 returned check charge must be sent to the Treasurer in order to reinstate membership.

Always give a hundred percent, and you'll never have to second-guess yourself~
Tommy John with Dan Valenti



Useful Links:

www.knowparalegal.com <<http://www.knowparalegal.com/>>

www.paralegalnews.com <<http://www.paralegalnews.com/>>

www.paralegaltalk.com <<http://www.paralegaltalk.com/>>

www.national-experts.com/ <<http://www.national-experts.com/>>

www.myparalegalspace.snappville.com/ <<http://www.myparalegalspace.snappville.com/>>

<http://www.nbi-sems.com/instituteforparalegaleducation.aspx> <<http://www.nbi-sems.com/instituteforparalegaleducation.aspx>>



Teen Court



Teen Court is held on Tuesday evenings from 5:15p.m. to 7:30p.m. at the Beaumont Municipal Court. Below is a schedule for 2009-2010 for those who would like to participate in this worth-while experience.

2009

November 3, 2009 *Cancelled*
November 17, 2009
December 15, 2009-Christmas Party

2010

January 5, 2010
January 19, 2010
February 2, 2010
February 16, 2010
March 2, 2010
March 16, 2010
March 30, 2010
April 13, 2010
April 27, 2010
May 11, 2010- Appreciation Banquet

*If anyone would like more information please do not hesitate to contact
Melissa LeJeune at 839-4545 or melissa@pwn-mediate.com.*



REMINDERS:

PLEASE VISIT THE CALENDAR PAGE AT WWW.SETAP.ORG FOR UPCOMING SETAP EVENTS.



“Special thanks to Perry W. Neichoy for his continued support of SETAP and TAPA”

**Perry W. Neichoy, P.C.
LAWYER – Mediator**

(409) 839-4545 * Fax (409) 832-1378; www.pwn-mediate.com

Locations

Beaumont

Century Tower
550 Fannin Street, Suite 111
Beaumont, Texas 77701

Houston

5 Houston Center
1401 McKinney, Suite 2250
Houston, Texas 77701



JOB BANK

The Southeast Texas Association of Paralegals (SETAP) operates a Job Bank and needs resumes! Local employers have utilized this service for many years as a means of searching for qualified employees. If you know anyone looking for a position as a paralegal or legal secretary, please encourage him or her to submit their resume to SETAP's Job Bank by contacting:

Sheila Milbrandt
Germer Gertz, LLP
P. O. Box 4915
Beaumont, TX 77704
(409) 654-6725
(409) 835-2115
sheila@germer.com

The fee is \$10.00 for non-SETAP members and \$5.00 for SETAP members. All checks must be made payable to SETAP.



**SOUTHEAST TEXAS ASSOCIATION OF PARALEGALS
MONTHLY TREASURER'S REPORT
AS OF SEPTEMBER 30, 2009**

BEGINNING BALANCE – 9/1/09:		\$ 11,130.49
RECEIPTS:		
Job Bank	20.00	
Membership Renewals	1,175.00	
		<u>1,195.00</u>
DISBURSEMENTS:		
Juxtapose – September Web Hosting	27.06	
Art Museum of SE TX – Luncheon Balance	550.00	
Art Museum of SE TX – Security Deposit	200.00	
Strong, Pipkin – Refund Asteris Renewal	45.00	
		<u>822.06</u>
ENDING BALANCE – 9/30/09:		\$ 11,503.43

Respectfully Submitted,

Rene' Crum
Treasurer



**SOUTHEAST TEXAS ASSOCIATION OF PARALEGALS
MONTHLY TREASURER'S REPORT
AS OF OCTOBER 31, 2009**

BEGINNING BALANCE – 10/1/09: **\$ 11,503.43**

RECEIPTS:

Job Bank	10.00	
Membership Renewals	225.00	
Paralegal Day Luncheon	1,025.00	
Butterbraids Fundraiser	3,120.00	
		<u>4,380.00</u>

DISBURSEMENTS:

Juxtapose – October Web Hosting	27.06	
Marissa Paltz – Reim. postage TAPA Conf.	3.10	
Texas Butter Braid Fundraising	1,822.00	
Cocomo Joe's – hoodie	34.64	
Juxtapose – Balance of Website Development	270.63	
Angie Laird – Reim. Notebooks/Pens TAPA Conf.	515.48	
Angie Laird – Reim. PD Luncheon speaker gift	30.00	
		<u>2,702.91</u>

ENDING BALANCE – 10/31/09: **\$ 13,180.52**

Respectfully Submitted,

Rene' Crum
Treasurer



Report on TAPA Fundraisers

Fundraiser	Amount Raised
SETAP T-Shirts	\$156.46
SETAP Tote Bags	\$44.41
SETAP Hoodies	\$6.33
Hall's Court Directories	\$204.00
Premier Jewelry I	\$457.00
Colorado Canyon	\$336.38
Butterbraid	\$1,298.00
Total Raised	\$2,502.58





**HAVE YOU MOVED?
CHANGED JOBS?
NEW E-MAIL?**

**IF SO, PLEASE CONTACT SHEILA MILBRANDT AT
sheila@germer.com SO SHE CAN UPDATE YOUR
INFORMATION ON THE ROSTER.**

Active Member..... 46
Associate Members..... 5
Sustaining Members..... 1
Freelance Members..... 1



Courtney McClusky
Kelly J. Guzman
Helen P. Case

November 5
November 9
November 20

Melissa LeJeune
Karina Arenas
J. Merice Mills
Jackie Smith

December 9
December 16
December 18
December 21

Nobody grows old merely by living a number of years. We grow old by deserting out ideals. Years may wrinkle the skin, but to give up enthusiasm wrinkles the soul...
Samuel Ullman



34TH ANNUAL NALA CONVENTION
Jill Hoffmann

First and foremost, I would like to thank the members of this association for allowing me to represent you at NALA's Annual Meeting and Convention. The convention was held in San Diego from July 8 through July 11, 2009, and I have to admit that the venue of the Gaslamp Quarter was fantastic!

The convention offered outstanding continuing legal education in the form of two institutes: Litigation-Mock Trial and Human Resources, in addition to offering the following Educational Tracks:

- Entertainment/Sports/Branding
- Family Law
- Hot Topics
 - Maritime/Admiralty
 - Energy/Environmental
 - Immigration
- Essential Skills

I attended the Human Resources Institute, which provided current information on the complex evolving issues related to employment law, from both the employer and employee perspectives. There was great participation by the attendees through their interaction with the instructor as the topics were covered. This made for interesting classes as opposed to just sitting and listening to a speaker, and I gained very much by attending this institute.

New to the convention this year was the implementation of an electronic voting system for the election of officers and board members. This system streamlined the election process and improved the timeliness of the annual meeting.

Linda Wolf, elected last March to her second term as President of NALA, officially took office at the annual membership meeting July 10, in addition to the following newly elected officers:

Karen McGee, First Vice President
Ann Atkinson, Second Vice President
Kelly LaGrave, Secretary
Cassandra Oliver, Treasurer

Michelle Erdmann of Fargo, North Dakota, received NALA's Presidents Award.

In addition to enjoying visiting with the exhibitors, attendees participated in donating cash and personal products for Defenders of Freedom in support of U.S. troops. These items were presented the President of the California Chapter during the annual meeting on Friday.

Attending this convention for the first time was an experience for which I am grateful to have had the opportunity. It was interesting for me to learn that not only NALA liaisons were in attendance, but also NALA members who regularly go to the convention each year. I look forward to attending future conventions, meeting even more paralegals from across the country and participating in terrific CLE opportunities.

NALA's 35th Annual Convention will be held next summer in Jacksonville, Florida.

National Association of Legal Assistants™ Paralegals

Quality Time

Sometimes the best way to spend time is to invest it in yourself.




THE ASSOCIATION OF
LEGAL ASSISTANTS • PARALEGALS

1516 South Boston, Suite 200 • Tulsa, OK 74119 • 918.587.6828 • www.nala.org

The *Advanced Paralegal Certification* program is an investment in your career that is convenient, effective, and a good way to enjoy some quality time.

Advanced curriculum-based instruction leading to the *Advanced Certified Paralegal* credential is available in the following areas of specialty:

- Contracts Management/ Contracts Administration
- Discovery
- Social Security Disability
- Trial Practice
- Alternative Dispute Resolution
- Business Organizations: Incorporated Entities
- Trademarks

Visit www.nala.org and click on "Advanced Certification" for details.




THE ASSOCIATION OF
LEGAL ASSISTANTS • PARALEGALS

A Full Educational Program

- Litigation Institute (Mock Trial)
- Human Resources Institute
- Branding
- Inside the 'Federal Triangle' with Hollywood Guilds
- New Media and the Guilds
- Love, Divorce, and Paralegals
- Preparing for Temporary Orders
- The Military Family
- Immigration: A-to-Zs of H-1Bs
- Asbestos Litigation
- Navigating the Environmental Maze
- Inadvertently Disclosed Privileged Documents

Member Exchange Presentations

- International Transactions
 - Catherine R. Durgin, ACP
 - Mary L. Theroux, ACP
- Social Networking: Not Just for Kids
 - Vicki Voisin, ACP

Affiliates Exchange

- Increasing Your Association's Visibility in Your Community
 - San Diego Paralegal Association
- How to Organize a Successful and Profitable Seminar with Emphasis on Review for the CLA/CP Exam
 - Tennessee Paralegal Association

Details at www.nala.org (*Register Online*)

1516 South Boston, Suite 200 • Tulsa, OK 74119 • 918.587.6828 • www.nala.org



Mark your calendar!
Wednesday, November 11 - Friday, November 13, 2009
Caesar's Palace, Las Vegas, Nevada



NALA has announced the fall 2009 CLA/CP Short Course for those preparing for the Certified Paralegal Examination or those interested in brushing up on professional skills and knowledge. Offered by NALA for several years, the Certified Paralegal Exam Short Course has become one of the most popular educational events of NALA.

The course serves as a great refresher for experienced paralegals. Those who already have the Certified Paralegal credential may take this course to satisfy their continuing legal education requirements for maintaining the CLA/CP designation. Also, those involved in teaching review courses for schools and local paralegal associations may find this program helpful.

If you are taking the Certified Paralegal examination in December 2009 or preparing for the Spring 2010 examination, this course will help you in your study program.

- The CLA/CP Short Course is part of the continuing legal education efforts of NALA and is offered separate and apart from the CLA/CP examination program. Successful completion of the CLA/CP examination is contingent upon many factors and participation in this course does not guarantee a passing score.
- The educational programs of this meeting are approved for attorney and paralegal CLE credit

For more information please contact Cheryl Bryan at 838-6412.

Congratulations to Jane Barron for being elected
Paralegal of the Year!



SAVE THE DATE!

3rd Annual Important Skills for Today's Paralegal

Half-Day Seminar
Friday, February 5, 2010
Homewood Suites by Hilton
The Woodlands, Tx

Hosted by: District 10 Members
Paralegal Division—State Bar of Texas



Planning Committee District 10 Paralegal Division Members

Director:

Cheryl Bryan, CP, TBLS
Orgain Bell & Tucker, LLP
P.O. Box 1751
Beaumont, Tx 77704
(409) 838-6412
cbryan@obt.com

PR Sub-Chair:

Sheila Millbrandt
Germer Gertz, LLP
P.O. Box 4915
Beaumont, Tx 77704
(409) 654-6700
sheila@germer.com

Membership Sub-Chair:

Audrey Moore, CP
Orgain Bell & Tucker, LLP
10077 Grogan's Mill Rd, Ste 500
The Woodlands, Tx 77380
(281) 296-8877
amoore@obt.com

CEC Sub-Chair:

Mary Beth Jones, CLA
Jenkins & Martin, LLP
2615 Calder, Suite 500
Beaumont, Tx 77702
(409) 832-4100
marybj@jmlaw.com

Elections Sub-Chair:

Angie Laird, ACP
Orgain Bell & Tucker, LLP
P.O. Box 1751
Beaumont, Tx 77704
(409) 838-6412
claird@obt.com



TAPS 2009 LEAGUE CITY, TX



Cheryl Bryan & Jackie Chavez



Presidents Table
Tyler Area Association of Legal Professionals,
Houston Corporate Paralegal Association, Houston Paralegal Association, & Capital Area Paralegal Association



Judge Ken Wise
Keynote Speaker



Friday Luncheon



Kemah Boardwalk



Annie Ganer
HG Litigation



Krystyna Alexander,
President
Tyler Area Association of
Legal Professionals
& Angie Laird

Make plans to join us next year!



Austin, Texas

2010 Texas Advanced Paralegal Seminar
Doubletree Hotel - Austin
September 29 - October 1, 2010

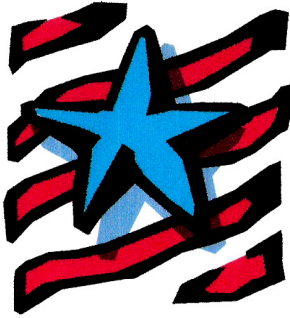


Save the date!



State Bar of Texas - 2010 Annual Meeting

The 2010 Annual Meeting will be held June 10-11, 2010 at the beautiful new Omni Fort Worth Hotel in downtown Fort Worth. More details to come!



Texas Board of Legal Specialization

The Texas Certification Program for Paralegals was created in 1993 when the Supreme Court of Texas issued an order amending the Texas Plan for Recognition and Regulation in the Law to include the administration of the Paralegal Specialty Certification program.

The Supreme Court of Texas authorized the Texas Board of Legal Specialization (TBLS) to administer a certification program for Texas Paralegals which is patterned after the Texas attorneys' certification program. The purpose and objective of Paralegal certification is to recognize and promote the availability, quality, and utilization of Paralegals who work under the supervision of a duly licensed attorney, achieve a level of special knowledge in particular fields of law, and further, to assist attorneys in their dedication to serving the public interest and advancing the standards of the legal profession.

The TBLS goal is to promote a professional recognition and advancement for Texas Paralegals. Upon meeting the following requirements and successful completion of the examination, the Paralegal will receive a designation that recognizes their level of special knowledge in one of the following specialty areas: Civil Trial Law, Criminal Law, Estate Planning and Probate Law, Family Law, Personal Injury Trial Law, and Real Estate Law.

Required Professional and Educational Experience.

- A minimum of 5 years of actual experience as a paralegal by December 31 in the year of application.
- Actual Texas experience in the particular specialty area during each year of the 3 years immediately preceding application.
- Meet at least one of the following by the application filing deadline:
 - Successful completion of the NALA (National Association of Legal Assistants) Certification examination; or
 - A baccalaureate or higher degree in any field; or
 - An ABA approved program of education and training for paralegals; or
 - A paralegal program that consists of a minimum of 60 semester credit hours (or equivalent quarter hours) of which at least 18 such credit hours are in substantive legal courses; or
 - A paralegal program that consists of at least 18 semester credit hours of substantive legal courses, plus at least 45 semester credit hours (or equivalent quarter hours) of general college curriculum courses; or
 - Four (4) additional years of actual experience working as a paralegal under the direct supervision of a duly licensed attorney, for a total of 9 years of actual experience by December 31 in the year of application.

Peer Review

Contact by TBLS of applicant's supervising attorneys and other non-attorney professionals to attest to the applicant's competence as a paralegal in the specialty area.

Continuing Legal Education

Complete 30 hours of CLE in the specialty area within the 3 years immediately preceding application through December 31st in the year application is submitted

Substantial Involvement

Devote a minimum of 50% of paralegal duties to the specialty area during each year of the 3 years immediately preceding application and submit information demonstrating substantial involvement in the specialty area, evidencing that the applicant has acquired experience and expertise in the specialty field by showing a level of utilization necessary to justify the representation of special competence.

To view the Paralegal Certification Process and request the 2009 Application for Certification, visit www.tbls.org and click on "Get Certified". For additional questions contact Molly Galvez at mgalvez@texasbar.com or by telephone at: 1-800-204-2222 x1454 or 512-453-7266 x102.

TEXAS CERTIFIED PARALEGALS

Field	#Certified
Family Law	104
Personal Injury Trial Law	90
Civil Trial Law	79
Criminal Law	10
Real Estate Law	18
Estate Planning & Probate Law	15
Total Active Paralegal Certificates	316
Total Active Individual Paralegal Certificates	292

PARALEGAL DIVISION

STATE BAR OF TEXAS



“The Paralegal Division is heading to Spain! Attached please find the trip brochure and itinerary for the eight day, seven night trip. Those who have participated in earlier destination trips have enjoyed the experience. The deadline for registration is November 1, 2009.

Please consider participating in the PD Mentor Program either as a Mentor or a Protégé. This is a very worthwhile program. Attached please find the Mentor Program Guidelines, as well as applications for Mentor and Protégé. This is open to all PD members, and is another benefit of membership.

I again encourage you to become a member of the Paralegal Division. Attached please find Student and Active Membership applications. For more information on the benefits of membership, please check out our website at www.txpd.org.

Mary Beth Jones, CLA
NALA Certified Paralegal
Public Relations Sub-Chair for
Paralegal Division – District 10”

Tour Details

Apr 23 - May 1, 2010

Group Leader

Norma Hackler

Group ID

91260

Depart From

Dallas/Ft. Worth



Included on your tour

- Bullring
- Cathedral & Giralda Tower
- Alcázar
- Santa Cruz
- Granada's Alhambra Palace
- Córdoba's Mezquita
- Wine & tapas tasting in Jerez
- Universal Exhibition



At Home in Sevilla for Norma Hackler

APR 23, 2010: OVERNIGHT FLIGHT Depart for Europe.

APR 24, 2010: SEVILLE Upon arrival in Seville, meet your Tour Manager and transfer to the hotel. An orientation walking tour will help determine which aspects of Spain's famed city interest you most. Relax at this evening's welcome reception and dinner. (D)

APR 25, 2010: SEVILLE This morning, you will visit the bullring with your Tour Manager. In the afternoon, delve into Seville and its mélange of cultural influences on this morning's guided sightseeing tour. Stops include the Gothic Cathedral - one of the world's largest - and the Alcázar, a Moorish fortress that was converted into a Christian palace. Also included is a walk through Santa Cruz. The rest of the day is free to do as you wish. Dinner is not included on this evening. (B)

APR 26, 2010: SEVILLE Enjoy a full day excursion to Granada and the Alhambra Palace one of the most beautiful architectural marvels in the world. Granada is home to two of Spain's most famous Unesco World Heritage Sites: the gardens of the Generalife and the exquisite Moorish architecture of the Alhambra Palace. In Granada, a guided walking tour of Spain's most stunning monument of Moorish culture, the breathtakingly beautiful Alhambra Palace and Generalife Gardens, framed by the stunning backdrop of the Sierra Nevada Mountains. You will have some free time to explore Granada at your leisure and have lunch on your own before return trip to Seville. Dinner is not included on this evening. (B)

APR 27, 2010: SEVILLE Today, you enjoy Seville at your own pace. You're free to wander the town for a second look at its many sights, explore a museum, or just relax at a café, finishing up those last few postcards. Dinner is not included on this evening. (B)

APR 28, 2010: SEVILLE For further immersion into the region's history and culture, travel to Córdoba on a full-day excursion. The guided tour includes entrance to the Mezquita, a one-time mosque and now cathedral that the Romans, the Moors and the Christians all had a hand in building, or rebuilding. Other Córdoba highlights include:

travel & company
THE ADULT DIVISION OF ACIS®



PARALEGALS FLY TO SPAIN

April 23 – May 1, 2010

**(Eight Days and Seven Nights visiting
Seville, Granada, Cordoba, Cadiz,
Jerez)**



Friday, Apr 23, 2010: Overnight Flight Depart for Europe.

Saturday, Apr 24, 2010: Seville Upon arrival in Seville, meet your Tour Manager and transfer to the hotel. An orientation walking tour will help determine which aspects of Spain's famed city interest you most. Relax at this evening's welcome reception and dinner. (D)

Sunday, Apr 25, 2010: Seville This morning, you will visit the bullring with your Tour Manager. In the afternoon, delve into Seville and its mélange of cultural influences on this morning's guided sightseeing tour. Stops include the Gothic Cathedral - one of the world's largest - and the Alcázar, a Moorish fortress that was converted into a Christian palace. Also included is a walk through Santa Cruz. The rest of the day is free to do as you wish. Dinner is not included on this evening. (B)

Monday, Apr 26, 2010: Seville Enjoy a full day excursion to Granada and the Alhambra Palace one of the most beautiful architectural marvels in the world. Granada is home to two of Spain's most famous Unesco World Heritage Sites: the gardens of the Generalife and the exquisite Moorish architecture of the Alhambra Palace. In Granada, a guided walking tour of Spain's most stunning monument of Moorish culture, the breathtakingly beautiful Alhambra Palace and Generalife Gardens, framed by the stunning backdrop of the Sierra Nevada Mountains. You will have some free time to explore Granada at your leisure and have lunch on your own before return trip to Seville. Dinner is not included on this evening. (B)

Tuesday, Apr 27, 2010: Seville Today, you enjoy Seville at your own pace. You're free to wander the town for a second look at its many sights, explore a museum, or just relax at a café, finishing up those last few postcards. Dinner is not included on this evening. (B)

Wednesday, Apr 28, 2010: Seville For further immersion into the region's history and culture, travel to Córdoba on a full-day excursion. The guided tour includes entrance to the Mezquita, a one-time mosque and now cathedral that the Romans, the Moors and the Christians all had a hand in building, or rebuilding. Other Córdoba highlights include: Alcázar de los Reyes Cristianos (the hub of the Inquisition), the Roman Bridge, and the Judería, Córdoba's picturesque, medieval district, once home to its Jewish community. Lunch is provided in Córdoba prior to your return to Seville. Note that dinner is not included on this evening. (B,L)

Thursday, Apr 29, 2010: Seville History buffs with a penchant for explorers should embark on today's full-day excursion to Cádiz and Jerez. Coastal Cádiz lays claim to Ferdinand Magellan and Amerigo Vespucci, for whom our part of the world is named. How did British merchants pronounce Jerez? Sherry. The town produces much of the world's finest aperitif, while also boasting a Moorish heritage, and many, many bodegas. A guided tour will explore this style of wine cellar, followed by a vino tasting and an included tapas tasting. Return to Seville for a leisurely evening. (B)

Friday, Apr 30, 2010: Seville Celebrate modern España and its marvels on this morning's tour of the Universal Exhibition, or World's Fair, site where the global populace descended in 1992 to admire Spain's culture and ingenuity. Return to the city center for lunch. Tapas are now served worldwide, but what better way to try these tasty bites than in the nation of their birth? As the world's third largest wine producer, Spain boasts many fine varietals. Sample some and learn more about Spanish styles and bouquets at this afternoon's tasting and talk. Join your traveling companions for a farewell dinner this evening. (B,L,D)

Saturday, May 1, 2010: Departure Depart for the USA. (B)

Fees: Fee are based on registration by November 1, 2009 [Departing DFW – \$3,735, Amarillo - \$3,896, Houston - \$3,776, Midland - \$3,896, El Paso - \$3,896, Austin - \$3,836, San Antonio - \$3,836 (includes registration and departure fees)] **Additional/Optional fees:** Single room supplement: \$420; Ultimate Protection Plan: \$270; Comprehensive Protection Plan: \$180

PARALEGAL DIVISION
State Bar of Texas

REQUEST OF PROTÉGÉ TO OBTAIN A MENTOR
(Please fill this portion out if you would like to obtain a Mentor.)

PD Membership No. _____

Name: _____

Best Day-Time Telephone No. _____

Email Address: _____

Are you a student member (check one)? Yes No

What area of work or specialty are you interest in going into as a paralegal (if known)?

Do you have a preference as to the time of day you would like to meet? Yes ___ No ___
If so, what is that preference? _____

What area of town are you close to for meeting purposes? _____

(Protégés must either be student members, active paralegal members, or associate paralegal members with 2 years or less of experience as paralegals.)

Protégés:

The greatest benefit I am seeking from the Mentor/Protégé program is:

- Networking with other Professionals
- General paralegal procedural knowledge in a specific area of law
- Gaining more knowledge of and participation in Paralegal Division Activities
- Other: _____

I certify that I am either a student member, or an active member in good standing with the Paralegal Division of the State Bar of Texas.

The undersigned certifies that he/she has read the enclosed Guidelines for Mentors and Protégés and agrees to abide by them.

Date

Signature

Return this form to:
Joncilee M. Davis, ACP
NALA Certified Paralegal
Stacy & Conder, LLP
901 Main Street, Suite 6220
Dallas, TX 75202
(214) 748-5000 (o)
(214) 748-1451 (fax)
Davis@stacyconder.com

PARALEGAL DIVISION
State Bar of Texas



MENTOR PROGRAM
GUIDELINES FOR MENTORS AND PROTÉGÉS

Mentor Program Guidelines for Mentors and Protégés:

1. The Mentor and Protégé should meet in person at least once during the year. Mentor and Protégé should also communicate informally at least one a month, whether by phone, email, correspondence, or in person.
2. At the initial meeting, after introductions and exchange of basic background information, it is suggested that the Mentor ask the Protégé to identify the three (3) major problems or issues the Protégé faces as a paralegal. This is guaranteed to fill the time remaining at this meeting, and to let you focus on topics for future get togethers. A Mentor's emphasis at all of these meetings should be to provide encouragement to the Protégé. Mentors should welcome Protégés to the profession and extend the right hand of fellowship to them. Mentors should demonstrate the highest standards of professionalism to instill in Protégés a deep sense of pride in being members of our profession and the Division.
3. At each follow up conversation or meeting, it is suggested that the Mentor also ask each Protégé to tell them something good that happened to the Protégé since that initial meeting. This creates a positive tone to communications.
4. Mentors should invite Protégés to all Division functions in their District. Additionally, Mentors should make an attempt to introduce Protégés to leadership within the Division whenever possible.
5. Mentors should make sure Protégés are familiar with the Division website and how to navigate it for information. Mentors should also make sure the Protégé is aware of all of the different committees of the Division that are currently available, should the Protégé wish to volunteer for any of those committees, and encourage them to do so.
6. Mentors are reminded that the purpose of this program is to provide support on topics such as ethics, career advancement, professionalism, and the Division. Mentors are intended to provide support, guidance, and direction to new paralegals that will strengthen their links to the paralegal community, and contribute to their success as a paralegal. Mentors are not to disclose any information about pending cases or specific issues of law. Additionally, it will usually be preferable for Mentors to give general

PARALEGAL DIVISION

State Bar of Texas

REQUEST TO BECOME A MENTOR

(Please fill this portion out if you would like to become a Mentor and have at least 7 years of experience as a paralegal.)

PD Membership No. _____

Name: _____

Area of Work/Specialty: _____

Best Day-Time Telephone No. _____

Email Address: _____

(Mentors must have at least seven (7) years of experience as a Paralegal.)

Number of years of experience as a paralegal: _____

Will you commit to one year of participation as a Mentor in the Mentor Program? _____

Do you have a preference as to the time of day you would like to meet? Yes ____ No ____

If so, what is that preference? _____

What area of town are you close to for meeting purposes? _____

<p><u>Mentors:</u> ____ Yes, I have worked as a paralegal for 7 years or more, and agree to act as a mentor in the Division's Mentor Program. I would be most helpful in the following specialty area(s): _____ I certify that I am an active member in good standing with the Paralegal Division of the State Bar of Texas.</p>
--

The undersigned certifies that he/she has read the enclosed Guidelines for Mentors and Protégés and agrees to abide by them.

Date

Signature

Return this form to:
Joncilee M. Davis, ACP
NALA Certified Paralegal
Stacy & Conder, LLP
901 Main Street, Suite 6220
Dallas, TX 75202
(214) 748-5000 (o)
(214) 748-1451 (fax)
Davis@stacyconder.com

PARALEGAL DIVISION
STATE BAR OF TEXAS



PARALEGAL DIVISION
STATE BAR OF TEXAS
STUDENT MEMBERSHIP APPLICATION

Date Received: _____
District No: _____
Date Approved: _____

TO BE FULLY COMPLETED BY APPLICANT:

(Dues \$35.00 per year. An additional \$25 fee will be assessed for a check marked "return unpaid.")
(Annual Membership Dues includes \$15 for a 1-year subscription to the *Texas Paralegal Journal*; if joining mid-year, the pro-rated dues of \$17.50 includes \$7.50 for a one-half year subscription to the *Texas Paralegal Journal*.)

I hereby apply for student membership in the Paralegal Division of the state bar of Texas. I hereby certify that I am currently enrolled in an accredited Texas paralegal program leading to a degree or certificate of completion. I hereby give my consent to a representative of the Paralegal Division to contact the administrator of this program for verification or clarification of my qualifications for membership, and I understand that if any information submitted in this application is false, it will be grounds for denial of my application.

Name: _____ Male () Female ()
(Print your name as it should appear on your membership card)

Date of Birth: _____ Social Security No.: _____

Address: _____

City: _____ County: _____ State: _____ Zip: _____

Phone: _____ Email Address: _____

Paralegal Program/College Attending: _____

Address: _____ City: _____

State: _____ Zip: _____ Administrator: _____

Expected date of graduation: _____

Length of Program: _____ Hours/Semesters Completed: _____

Have you been convicted of a felony offense? Yes () No ()

Pursuant to Standing Rule 1.G.4., conviction of a felony offense (deferred or not), or a misdemeanor involving moral turpitude, makes an applicant ineligible for membership in the Paralegal Division.

How did you hear about the Division? _____

PARALEGAL DIVISION
STATE BAR OF TEXAS



ACTIVE MEMBERSHIP APPLICATION

TO BE FULLY COMPLETED BY APPLICANT

DUES: \$70.00 per year. An additional \$25 fee will be assessed for any returned check.
The Membership Year for the Paralegal Division is June 1 – May 31; with renewals mailed in April. (Annual Membership Dues includes \$15 for a 1-year subscription to the *Texas Paralegal Journal*; if joining mid-year, the pro-rated dues of \$35 includes \$7.50 for a one-half year subscription to the *Texas Paralegal Journal*.)

Acceptance for membership in the Paralegal Division of the State Bar of Texas will not grant: [1] Certified Paralegal (CLA/CP/ACP, or RP) status to the applicant; [2] specialization by the Texas Board of Legal Specialization; or [3] any other certification or specialty which may be applied for through other state or national organizations.

I hereby apply for Active Membership in the Paralegal Division of the State Bar of Texas. I hereby certify that I am currently employed as a paralegal in the State of Texas, that I work under the direct supervision of a duly licensed attorney at all times, and that I qualify as a member under the category(s) checked below. I hereby give consent to the Paralegal Division to contact my present and/or former supervising attorney(s), education programs, and/or credentialing bodies for verification or clarification of my qualifications for membership, and I understand that if any information submitted in this application is false, it will be grounds for denial of my application. I have read the "Definition of a Paralegal" as herein stated and I have read the Division's Code of Ethics and Professional Responsibility and, if accepted, I agree to be bound by the Division's Bylaws and Code of Ethics.

ANY APPLICATION NOT COMPLETED FULLY MAY BE DELAYED IN PROCESSING OR RETURNED TO APPLICANT FOR ADDITIONAL INFORMATION
INSTRUCTIONS:

1. Complete in **FULL**, all pages of this application. Attach CLE attendance records and any additional pages if necessary to complete answers.
2. Sign and date the application.
3. Make sure the Attorney Acknowledgment of Applicant is completed, signed and dated.
4. Keep a copy of the Code of Ethics for future reference and make a copy of your application for future reference.
5. Return the application along with a check or money order in the amount of \$70.00 (if applying February - October) or \$35.00 (if applying November - January) made payable to the Paralegal Division to the following address:

Paralegal Division
Norma Hackler, Coordinator
PO Box 1375
Manchaca, TX 78652
512/280-1776 (o) 512/291-1170 (fax)
pd@txpd.org www.txpd.org

Did you remember to:

- Complete contact info and personal data questions?
- List detailed job descriptions at your current job?
- Select any **AND ALL** applicable criteria for membership?
- Attach CLE attendance records?

Please note that an additional \$25 fee will be assessed when a check for dues is returned for any reason. **ATTACH A SEPARATE CHECK FOR EACH APPLICATION.** The approval process of your application will take approximately 30 days upon receipt. Thank you for your interest.

Sherri Shepherd Portrays Paralegal in Lifetime's New Comedy



It's not just a comedy... **it's her life.**

SHERRI

Lifetime Television, the number one women's network, has picked up 12 episodes of the all-new, multi-camera comedy series *Sherri*, starring comedienne and 2009 Daytime Emmy(R) Award-nominated co-host of *The View* Sherri Shepherd (*30 Rock*, *Less Than Perfect*). The program, to be produced in New York by Lifetime Studios, marks the first comedy series ever to be wholly owned by Lifetime. The announcement was made today by JoAnn Alfano, Executive Vice President, Entertainment, Lifetime Networks.

Sherri centers around a newly single mom, **paralegal** and part-time comedienne/actress who tries to get back into the dating scene and move on with her life after divorcing her cheating husband. Sherri finds solace and support among her girlfriends at the office while juggling her hectic life. Also starring in the series are Tammy Townsend (*Lincoln Heights*), Kali Rocha (*Grey's Anatomy*), Elizabeth Regen (*The Black Donnellys*) and Kate Reinders (*Ugly Betty*). Terri Minsky (*Less Than Perfect*, *Lizzie McGuire*) has been named writer/executive producer of *Sherri*. The program will also be executive produced by Nina Wass and Gene Stein (*Less Than Perfect*), while Dave Flebotte (*Desperate Housewives*), who executive produced the pilot, will be a consultant. Shepherd, who will continue to co-host the hit ABC daytime talk show *The View*, will serve as a co-executive producer of *Sherri*. The comedy reunites Shepherd, Minsky, Wass and Stein, who last worked together on the ABC sitcom *Less Than Perfect*.

"I've been a big fan of Sherri's for a long time and am thrilled to work with her again. She is one of the most gifted comedic actresses around, and we are very excited to have her on the Lifetime schedule," said Alfano. "The best comedy originates from real-life experiences, and *Sherri* will take a hilarious, no-holds-barred look at life after marriage as only she can do."

Alfano continued, "It is our goal to program contemporary and relatable comedies that reflect our brand and speak to today's women. *Sherri* is the perfect complement to *Rita Rocks* and the off-net sitcoms *How I Met Your Mother* and *Will & Grace*."

Sherri will join Lifetime's family comedy *Rita Rocks*. Set to return for its second season in the fall, the series stars Nicole Sullivan as Rita Clements, an overworked wife and mother trying to find time for herself. Other comedies that currently air on Lifetime include the off-net acquisitions *How I Met Your Mother*, *Reba*, *Will & Grace* and *Frasier*.

ABOUT SHERRI SHEPHERD

Shepherd currently co-hosts the hit ABC daytime talk show *The View* alongside Barbara Walters, Whoopi Goldberg, Joy Behar and Elisabeth Hasselbeck. Last week, the program's co-hosts were nominated for a 2009 Daytime Emmy(R) Award in the Talk Show Host category. In addition, she often guest stars as Tracy Morgan's wife, Angie, on the critically acclaimed and award-winning *30 Rock*.

For four years, Shepherd appeared on the ABC sitcom *Less Than Perfect*, following memorable guest spots on series including *Friends*, *Everybody Loves Raymond*, *Joan of Arcadia*, *Suddenly Susan*, *The Jamie Foxx Show*, *Living Single* and *Emeril*. Recently heard as the voice of Ben Stiller's "lioness mother" in *Madagascar: Escape 2 Africa*, Shepherd has enjoyed a film career highlighted by roles in *Who's Your Caddy?*, *Beauty Shop*, *Cellular* and *Guess Who*. She will soon be seen opposite Mo'Nique, Lenny Kravitz and Paula Patton in the upcoming *Precious* (based on the novel *Push* by Sapphire) and Tyler Perry's upcoming film (yet to be titled).

A beloved stand-up comic, Shepherd has performed at notable comedy clubs across the country, and she has released both a DVD and a CD of her act entitled *No Refund, No Exchange*.

Reference: [Sherri Shepherd Portrays Paralegal in Lifetime's New Comedy:](#)



November 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Daylight Savings Time Ends 	2	3	4	5	6	7
8	9	10	11 Veteran's Day 	12 SETAP BOARD MEETING	13	14
15	16	17	18	19 SETAP Speaker Meeting	20	21
22	23	24	25	26 Thanksgiving Day Holiday 	27 Holiday	28
29	30					

December 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10 SETAP BOARD MEETING	11	12
13	14	15	16	17 SETAP Christmas Luncheon	18	19
20	21 First Day of Winter 	22	23	24	25 Christmas Day Holiday 	26
27	28	29	30	31 New Year's Eve  NALA Quarterly Report Due		



The First Thanksgiving

In 1621, the Plymouth colonists and Wampanoag Indians shared an autumn harvest feast which is acknowledged today as one of the first Thanksgiving celebrations in the colonies. This harvest meal has become a symbol of cooperation and interaction between English colonists and Native Americans. Although this feast is considered by many to be the very first Thanksgiving celebration, it was actually in keeping with a long tradition of celebrating the harvest and giving thanks for a successful bounty of crops. Native American groups throughout the Americas, including the Pueblo, Cherokee, Creek and many others organized harvest festivals, ceremonial dances, and other celebrations of thanks for centuries before the arrival of Europeans in North America.

Historians have also recorded other ceremonies of thanks among European settlers in North America, including British colonists in Berkeley Plantation, Virginia. At this site near the Charles River in December of 1619, a group of British settlers led by Captain John Woodlief knelt in prayer and pledged "Thanksgiving" to God for their healthy arrival after a long voyage across the Atlantic. This event has been acknowledged by some scholars and writers as the official first Thanksgiving among European settlers on record. Whether at Plymouth, Berkeley Plantation, or throughout the Americas, celebrations of thanks have held great meaning and importance over time. The legacy of thanks, and particularly of the feast, have survived the centuries as people throughout the United States gather family, friends, and enormous amounts of food for their yearly Thanksgiving meal.

What Was Actually on the Menu?

What foods topped the table at the first harvest feast? Historians aren't completely certain about the full bounty, but it's safe to say the pilgrims weren't gobbling up pumpkin pie or playing with their mashed potatoes. Following is a list of the foods that were available to the colonists at the time of the 1621 feast. However, the only two items that historians know for sure were on the menu are venison and wild fowl, which are mentioned in primary sources. The most detailed description of the "First Thanksgiving" comes from Edward Winslow from *A Journal of the Pilgrims at Plymouth*, in 1621:

"Our harvest being gotten in, our governor sent four men on fowling, that so we might after a special manner rejoice together after we had gathered the fruit of our labors. They four in one day killed as much fowl as, with a little help beside, served the company almost a week. At which time, among other recreations, we exercised our arms, many of the Indians coming amongst us, and among the rest their greatest king Massasoit, with some ninety men, whom for three days we entertained and feasted, and they went out and killed five deer, which they brought to the plantation and bestowed upon our governor,

and upon the captain, and others. And although it be not always so plentiful as it was at this time with us, yet by the goodness of God, we are so far from want that we often wish you partakers of our plenty."

Seventeenth Century Table Manners:

The pilgrims didn't use forks; they ate with spoons, knives, and their fingers. They wiped their hands on large cloth napkins which they also used to pick up hot morsels of food. Salt would have been on the table at the harvest feast, and people would have sprinkled it on their food. Pepper, however, was something that they used for cooking but wasn't available on the table.

In the seventeenth century, a person's social standing determined what he or she ate. The best food was placed next to the most important people. People didn't tend to sample everything that was on the table (as we do today), they just ate what was closest to them. Serving in the seventeenth century was very different from serving today. People weren't served their meals individually. Foods were served onto the table and then people took the food from the table and ate it. All the servers had to do was move the food from the place where it was cooked onto the table.

Pilgrims didn't eat in courses as we do today. All of the different types of foods were placed on the table at the same time and people ate in any order they chose. Sometimes there were two courses, but each of them would contain both meat dishes, puddings, and sweets.

More Meat, Less Vegetables

Our modern Thanksgiving repast is centered around the turkey, but that certainly wasn't the case at the pilgrims's feasts. Their meals included many different meats. Vegetable dishes, one of the main components of our modern celebration, didn't really play a large part in the feast mentality of the seventeenth century. Depending on the time of year, many vegetables weren't available to the colonists.

The pilgrims probably didn't have pies or anything sweet at the harvest feast. They had brought some sugar with them on the Mayflower but by the time of the feast, the supply had dwindled. Also, they didn't have an oven so pies and cakes and breads were not possible at all. The food that was eaten at the harvest feast would have seemed fatty by 1990's standards, but it was probably more healthy for the pilgrims than it would be for people today. The colonists were more active and needed more protein. Heart attack was the least of their worries. They were more concerned about the plague and pox.

Surprisingly Spicy Cooking

People tend to think of English food as bland, but, in fact, the pilgrims used many spices, including cinnamon, ginger, nutmeg, pepper, and dried fruit, in sauces for meats. In the seventeenth century, cooks did not use proportions or talk about teaspoons and

tablespoons. Instead, they just improvised. The best way to cook things in the seventeenth century was to roast them. Among the pilgrims, someone was assigned to sit for hours at a time and turn the spit to make sure the meat was evenly done.

Since the pilgrims and Wampanoag Indians had no refrigeration in the seventeenth century, they tended to dry a lot of their foods to preserve them. They dried Indian corn, hams, fish, and herbs.

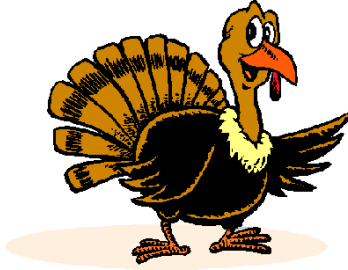
Dinner for Breakfast: Pilgrim Meals:

The biggest meal of the day for the colonists was eaten at noon and it was called noonmeat or dinner. The housewives would spend part of their morning cooking that meal. Supper was a smaller meal that they had at the end of the day. Breakfast tended to be leftovers from the previous day's noonmeat.

In a pilgrim household, the adults sat down to eat and the children and servants waited on them. The foods that the colonists and Wampanoag Indians ate were very similar, but their eating patterns were different. While the colonists had set eating patterns—breakfast, dinner, and supper—the Wampanoags tended to eat when they were hungry and to have pots cooking throughout the day.

The History of Thanksgiving [Internet]. 2009. History.com. Available from:
<http://www.history.com/content/thanksgiving/the-first-thanksgiving> [Accessed 30 October 2009].

Source: Kathleen Curtin, Food Historian at Plimoth Plantation



How Much Do You REALLY Know About Thanksgiving?

1. **Fact or Fiction:** Thanksgiving is held on the final Thursday of November each year.

Fiction. In 1863, President Abraham Lincoln designated the last Thursday in November as a national day of thanksgiving. However, in 1939, after a request from the National Retail Dry Goods Association, President Franklin Roosevelt decreed that the holiday should always be celebrated on the fourth Thursday of the month (and never the occasional fifth, as occurred in 1939) in order to extend the holiday shopping season by a week. The decision sparked great controversy, and was still unresolved two years later, when the House of Representatives passed a resolution making the last Thursday in November a legal national holiday. The Senate amended the resolution, setting the date as the fourth Thursday, and the House eventually agreed.

2. **Fact or Fiction:** One of America's Founding Fathers thought the turkey should be the national bird of the United States.

Fact. In a letter to his daughter sent in 1784, Benjamin Franklin suggested that the wild turkey would be a more appropriate national symbol for the newly independent United States than the bald eagle (which had earlier been chosen by the Continental Congress). He argued that the turkey was "a much more respectable Bird," "a true original Native of America," and "though a little vain & silly, a Bird of Courage."

3. **Fact or Fiction:** In 1863, Abraham Lincoln became the first American president to proclaim a national day of thanksgiving.

Fiction. George Washington, John Adams and James Madison all issued proclamations urging Americans to observe days of thanksgiving, both for general good fortune and for particularly momentous events (the adoption of the U.S. Constitution, in Washington's case; the end of the War of 1812, in Madison's).

4. **Fact or Fiction:** Macy's was the first American department store to sponsor a parade in celebration of Thanksgiving.

Fiction. The Philadelphia department store Gimbel's had sponsored a parade in 1920, but the Macy's parade, launched four years later, soon became a Thanksgiving tradition and the standard kickoff to the holiday shopping season. The parade became ever more well-known after it featured prominently in the hit film *Miracle on 34th Street* (1947), which shows actual footage of the 1946 parade. In addition to its famous giant balloons and floats, the Macy's parade features live music and other performances, including by the Radio City Music Hall Rockettes and cast members of well-known Broadway shows.

5. **Fact or Fiction:** Turkeys are slow-moving birds that lack the ability to fly.

Fiction (kind of). Domesticated turkeys (the type eaten on Thanksgiving) cannot fly, and their pace is limited to a slow walk. Female domestic turkeys, which are typically smaller and lighter than males, can move somewhat faster. Wild turkeys, on the other hand, are much smaller and more agile. They can reach speeds of up to 20-25 miles per hour on the ground and fly for short distances at speeds approaching 55 miles per hour. They also have better eyesight and hearing than their domestic counterparts.

6. **Fact or Fiction:** Native Americans used cranberries, now a staple of many Thanksgiving dinners, for cooking as well as medicinal purposes.

Fact. According to the Cape Cod Cranberry Growers' Association, one of the country's oldest farmers' organizations, Native Americans used cranberries in a variety of foods, including "pemmican" (a nourishing, high-protein combination of crushed berries, dried deer meat and melted fat). They also used it as a medicine to treat arrow punctures and other wounds and as a dye for fabric. The Pilgrims adopted these uses for the fruit and gave it a name—"cranberry"—because its drooping pink blossoms in the spring reminded them of a crane.

7. **Fact or Fiction:** The movement of the turkey inspired a ballroom dance.

Fact. The turkey trot, modeled on that bird's characteristic short, jerky steps, was one of a number of popular dance styles that emerged during the late 19th and early 20th century in the United States. The two-step, a simple dance that required little to no instruction, was quickly followed by such dances as the one-step, the turkey trot, the fox trot and the bunny hug, which could all be performed to the ragtime and jazz music popular at the time. The popularity of such dances spread like wildfire, helped along by the teachings and performances of exhibition dancers like the famous husband-and-wife team Vernon and Irene Castle.

8. **Fact or Fiction:** On Thanksgiving Day in 2007, two turkeys earned a trip to Disney World.

Fact. On November 20, 2007, President George W. Bush granted a "pardon" to two turkeys, named May and Flower, at the 60th annual National Thanksgiving Turkey presentation, held in the Rose Garden at the White House. The two turkeys were flown to Orlando, Florida, where they served as honorary grand marshals for the Disney World Thanksgiving Parade. The current tradition of presidential turkey pardons began in 1947, under Harry Truman, but the practice is said to have informally begun with Abraham Lincoln, who granted a pardon to his son Tad's pet turkey.

9. **Fact or Fiction:** Turkey contains an amino acid that makes you sleepy.

Fact. Turkey does contain the essential amino acid tryptophan, which is a natural sedative, but so do a lot of other foods, including chicken, beef, pork, beans and cheese. Though many people believe turkey's tryptophan content is what makes many people feel sleepy after a big Thanksgiving meal, it is more likely the combination of fats and carbohydrates most people eat with the turkey, as well as the large amount of food (not to mention alcohol, in some cases) consumed, that makes most people feel like following their meal up with a nap.

10. **Fact or Fiction:** The tradition of playing or watching football on Thanksgiving started with the first National Football League game on the holiday in 1934.

Fiction. The American tradition of college football on Thanksgiving is pretty much as old as the sport itself. The newly formed American Intercollegiate Football Association held its first championship game on Thanksgiving Day in 1876. At the time, the sport resembled something between rugby and what we think of as football today. By the 1890s, more than 5,000 club, college and high school football games were taking place on Thanksgiving, and championship match-ups between schools like Princeton and Yale could draw up to 40,000 fans. The NFL took up the tradition in 1934, when the Detroit Lions (recently arrived in the city and renamed) played the Chicago Bears at the University of Detroit stadium in front of 26,000 fans. Since then, the Lions game on Thanksgiving has become an annual event, taking place every year except during the World War II years (1939–1944).

The History of Thanksgiving [Internet]. 2009. History.com. Available from: <http://www.history.com/content/thanksgiving/thanksgiving-quiz> [Accessed 30 October 2009].

U.S. Constitution Crossword Puzzles: Basic #1 (Continued)

ACROSS

6. The United States president is elected for _____ years.
7. King of England during the American Revolution.
9. The Declaration of _____ was a proclamation of the former American colonies that they were now and henceforth free states.
13. The 50th state added to our Union was _____.
14. How many branches are there in the government of the United States?
17. This British act levied an internal tax on various documents and articles in the American colonies.
20. The date of Independence Day is July _____.
22. There is one _____ for each state in the Union on the United States flag.
24. The 49th state added to our Union was _____.
25. One of the 13 original colonies.
27. What is the head executive of a city government called?
30. Article _____ states that the Constitution shall be the supreme law of the land.
31. Article _____ sets forth the ways to amend the Constitution.
32. One of the 13 original colonies (two words).
33. How many Supreme Court justices are there?
34. The Constitution of the United States can be _____.
39. One of the 13 original colonies.
41. The _____ of the United States elect Congress.
43. One of the 13 original colonies (two words).

46. How many full terms can the president of the United States serve?
47. The _____ (2 words) becomes president of the United States if the president should die.
49. How many stars are there on the United States flag?
50. The _____ Continental Congress called for peace, made preparations for war, and declared independence.
51. What holiday was celebrated for the first time by the American colonists?
52. Colonist who remained loyal to the King of England during the American Revolution; a Tory.
53. One of the 13 original colonies.

DOWN

1. How many stripes are there on the United States flag?
2. Al _____: President Bill Clinton's vice president
3. A Boston patriot, Paul _____ rode to warn Lexington and Concord that the British were marching their way.
4. Pilgrim agreement (compact) before landing at Plymouth to pass and obey laws for the good of the colony.
5. The stars on the United States flag are _____.
8. George Washington was Commander-in-Chief of the _____ Army.
10. Bill _____: The president following George Bush.
11. It is the duty of Congress to make _____.
12. Benjamin _____ was a statesman who helped arrange a military alliance with France and headed the American peace talks.
15. The Senate and the House of Representatives is what we call _____.
16. The destruction of a cargo of tea by colonists who were opposed to the tea tax is known as the _____ Tea Party.
18. The name given to the clash between British soldiers and Bostonians was the "Boston _____" - several colonists were killed.
19. The _____ on the United States flag represent the original 13 states.
21. Patrick _____ was a Virginia patriot whose eloquent speeches helped to stir up resistance to Britain.
23. The colors of the United States flag are red, white, and _____.
26. A change to the United States Constitution is called an _____.
28. Article _____ of the Constitution tells how the Legislative Branch of government should work.
29. The _____ is the supreme law of the United States.
35. Established in 1607, this colony became the first permanent English colony in America.
36. The stripes on the United States flag are _____ and white.
37. Name given to the British soldiers by the people of Boston.
38. One of the 13 original colonies (New _____).
40. What is the head executive of a state government called?
42. The Pilgrims came to America for _____ freedom.
44. The first president of the United States was George _____.
45. There are 50 _____ in the Union.
48. On Independence Day we celebrate independence from _____.



To learn more about the Constitution – the people, the events, the landmark cases – order a copy of "The U.S. Constitution and Fascinating Facts About It" today!

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